

Sports Club International Junior Parent Camp
Thanksgiving Camp 2021
"WHAT TO BRING CHECKLIST"

Please bring the following items to Thanksgiving Camp as well as any other items you would usually use while skiing. Any questions? Please e-mail us: info@sportsclubint.com

- _____ GS and Slalom Skis
- _____ Ski Boots
- _____ GS and SL Poles
- _____ Helmet (**Required**)
- _____ Tooth/mouth guard (Suggested)
- _____ Goggles
- _____ Slalom Gear: Shin Guards, Hand Guards for poles (if you have them)
- _____ Winter Parka & Warm-ups
- _____ Training Suit, training vest, shorts, arm guards (if you have them)
- _____ Backpack for carrying extra clothes and gear on the mountain
- _____ Water Bottles
- _____ Sunscreen (nothing less than SPF 45)
- _____ Hand warmers, snacks, neck gators
- _____ Lip-screen with highest SPF available
- _____ Gloves (2 pair)
- _____ Long and short underwear
- _____ T-shirts and shorts
- _____ Sweatshirt, sweatpants, running shorts & shoes
- _____ Homework
- _____ Swimsuit
- _____ Casual clothes
- _____ Tuning gear (if you have it)
- _____ Toilet Kit
- _____ Notebook and Pencil (Keep a journal while at camp)
- _____ Alarm Clock
- _____ A Great Attitude