

2024 SPORTS CLUB INTERNATIONAL NORWAY GS AND SL TRAINING

DATES

July 2-12, 2024

LOCATION

Oslo and Juvass, Norway

COST

\$7995.00

AGES

U14-U18

CAMP COST INCLUDES

Ski training, lift tickets, coaching, accommodations, breakfast and dinner daily, transportation from Oslo Airport to hotel and ski venues, video, conditioning activities.

CAMP COACHES AND ATHLETE LEADERS

GLADYS WEIDT, TREVOR WAGNER, JIM SCHAFFNER, ALDO RADAMUS, BRETT BORGARD

CAMP FOCUS

This camp is offered to allow young ski racers to ensure high quality training to achieve a higher level of competitiveness. We believe that many repetitions help instill good habits into the athlete's skill base. By keeping our numbers limited the athletes are able to have less interruptions between runs at both the indoor and outdoor training facilities.

CAMP DAILY SCHEDULE

July 2 Depart US

July 3 Arrive Oslo

July 4 SL Training Sno Oslo Indoor

July 5 Sight-see, Travel to Juvass

July 6 GS Training Juvass

July 7 GS Training Juvass

July 8 GS Training Juvass

July 9 GS Training Juvass

July 10 GS Training Juvass

July 11 Travel to Oslo

July 12 Return to US

TRAINING VENUES DETAILS

SLALOM = SnoOlso: World's newest and largest indoor ski training arena!

GS = Juvass: Galdhøpiggen Summer Ski Center provides world-class skiing and training conditions at the foot of Galdhøpiggen. National teams spend their summers training at our Center.

ACCOMMODTIONS

July 2-5

The Group will stay at Thon Hotel located approximately 5 minutes from the indoor ski arena. https://www.thonhotels.com/our-hotels/norway/lorenskog/thon-hotel-triaden/?gclid=aw.ds&&gclid=EAlalQobChMI37S_0uvY5wIVkbfsCh2Y4gUuEAA Y A SAAEgK0wfD_BwE

July 6-10

Raubergstulen is a mountain lodge close to Galdhopiggen, the highest mountain in Norway. https://www.tripadvisor.com/Hotel_Review-g445035-d3246260-Reviews-Raubergstulen-Lom_Oppland_Eastern_Norway.html

MEALS

Breakfast and Dinner are included. Attention is paid to providing nutritious and delicious offerings. Athletes will be responsible for their own lunches.

TRANSPORTATION

Athletes will be picked up at the airport, transported daily to the indoor arena along with travel to Juvass by Sports Club International.

WHAT TO BRING CHECKLIST

Please bring the following items to camp as well as any other items you would usually use while skiing.

_____ Plane Ticket & Passport

_____ Notarized letter of permission to travel to Norway, if your parents are not traveling with you. If one parent is traveling with you be sure to have a notarized Letter of Permission to travel from the non-attending parent.

_____ Slalom & Giant Slalom Skis Ski Boots & Poles

_____ GS and SL Helmet(s) (Required)

_____ Slalom Gear: Shin Guards, Hand Guards for poles, etc.

_____ Back Protector, Tooth Guard

_____ Winter Parka & Warm-ups

_____ GS Suit, training vest and shorts

_____ Tuning Kit-File, file guide, stone, wax, vices

_____ Backpack

_____ Water Bottle

_____ Hat, Headband and Cap with visor

_____ Sunscreen (nothing less than SPF 45) & Lip-screen with high SPF

_____ Goggles: light and dark lenses for your goggles

_____ Gloves/ Mittens (**2** pair)

_____ Long and short underwear

_____ Tshirts and shorts

_____ Sweatshirt, sweatpants, running shorts & shoes

- _____ Swimsuit
- _____ Nice casual clothes for evening dinners
- _____ Toilet Kit
- _____ Notebook and Pencil, Good books to read
- _____ Alarm Clock
- _____ Spending Money for lunches
- _____ Camera/ computer /electrical adaptors
- _____ Great Attitude for a great camp!

2024 MEDICAL RELEASE AND HEALTH INFORMATION

Camp Participants are required to have their own health and accident insurance.

Camp Participant _____ Birthdate _____

Emergency Contact _____ Phone1 _____ Phone2 _____

Health Insurance Company _____ Policy# _____

Drugs/Allergies _____

Explain any weakness or condition, which could have a possible bearing on your performance or health while at camp _____

RELEASE

I, the undersigned, know that skiing is an action sport, which carries significant risk of personal injury. Racing and training for racing are even more dangerous. I know there are natural and man-made obstacles or hazards, surface and environmental conditions and other risks, which, in combination with my actions, can cause very severe or occasionally fatal injury. I agree that I, as Participant, Parent or Guardian, understand and accept these risks, conditions and hazard as my responsibility. I also agree that I, not, Sports Club International Inc. and/or its officials, coaches and any staff of these organizations, are responsible for my safety or the safety of my child while I participate or my child participates in or trains for these events or programs. I therefore release: The Sports Club International Inc. and their respective officers, directors, agents, employees and volunteer assistants from any responsibility, and I hereby waive any and all claims, actions, demands and liability for personal injury (including death) or property damage arising out of my participation or the participation of my child in the programs and events of these organizations including without limitation transportation which I hereby authorize. I agree to hold harmless any and all claims I, or my child, might have as a result of physical injury including death or property damage.

CONSENT

Consent is expressly given, in the event of injury, illness, for emergency medical aid, anesthesia and or operation, if in the opinion of the attending physician such treatment is necessary. I request and authorize physicians, dentist and staff to perform any diagnostic, treatment and operative procedure and x-ray of the below minor. I have not been given a guarantee as to the results of the examination or treatment. It is understood that a reasonable effort will be made to contact a Parent or Guardian should treatment become necessary.

_____ Camper Name

_____ Parent/Guardian Name

_____ Parent/Guardian Signature Date

***Foreign countries often require payment in advance of treatment. Should this be the case I authorize payment via credit card:

Name on Card _____ Card Type: MC or Visa

Card Number _____ Date of Expiration _____ AVC _____

Authorized
Signature _____

ALL AMERICAN SPORTS PROGRAM

SPORT PARTICIPANT RELEASE OF LIABILITY, WAIVER OF CLAIMS, EXPRESS ASSUMPTION OF RISK AND INDEMNITY AGREEMENT.

Please read and be certain you understand the implications of signing.

Express Assumption of Risk Associated with Sport, Venue Use and Related Activities.

I, _____ do hereby affirm and acknowledge that I have been fully informed of the inherent hazards and risks associated with _ski race training and racing_ transportation of equipment related to the activities, and traveling to and from activity sites in which I am about to engage. **Inherent hazards and risks include but are not limited to:**

- Risk of injury from the activity and equipment utilized is significant including the potential for broken bones, severe injuries to the head, neck, and back or other bodily injuries that may result in permanent disability and death.

- Possible equipment failure and/or malfunction or misuse of my own or others' equipment.

• I AGREE THAT I WILL WEAR APPROVED PROTECTIVE GEAR AS DECREED BY THE GOVERNING BODY OF THE SPORT I AM PARTICIPATING IN. However, protective gear cannot guarantee the participant's safety. I further agree that no helmet can protect the wearer against all potential head injuries or prevent injury to the wearer's face, neck or spinal cord.

• Variation and/or steepness of terrain, variation or changes in surfaces including but not limited to snow surfaces, ice, bare spots, rocks, stumps, debris, cliffs, trees, fences, posts, trees, light poles, signs, buildings, roads, walkways, ramps, rails, stairs, pyramids, manual pads, bowls, half-pipes, jumps, padded and non-padded barriers, other persons, and other natural and man-made hazards.

• My own negligence and/or the negligence of others, including but not limited to operator error and guide decision making including misjudging terrain, weather, riding surfaces or other obstacles.

• Exposure to the elements and temperature extremes may result if frost nip, frost bite, heat exhaustion, heat stroke, sunburn, hypothermia and dehydration.

• Dangers associated with exposure to natural elements include but are not limited to avalanche, rock fall, inclement weather, thunder and lightning, severe and or varied wind, temperature and other weather conditions.

- Accidents or illness occurring in remote places where there are no available medical facilities.
- Fatigue, exhaustion, chill, and/or dizziness, which may diminish my/our reaction time and increase the risk of accident.
 - Impact or collision with other athletes, spectators, facility employees, pedestrians, motor vehicles, and cyclists.

***I understand the description of these risks is not complete and unknown or unanticipated risks may result in injury, illness, or death.**

Release of Liability, Waiver of Claims and Indemnity Agreement

In consideration for being permitted to participate in the above described activity(ies) and related activities, I hereby

agree, acknowledge and appreciate that:

• I HEREBY RELEASE AND HOLD HARMLESS WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE, the following named persons or entities, herein referred to as releasees.

Sports Club International Inc. _____ Owner (Company and/or Person)

• To release the releasees, their officers, directors, employees, representatives, agents, and volunteers from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise. By executing this document, I agree to hold the releasees harmless and indemnify them in conjunction with any injury, disability, death, or loss or damage to person or property that may occur as a result of my engaging in the above activities.

• By entering into this Agreement, I am not relying on any oral or written representation or statements made by the releasees, other than what is set forth in this Agreement.

• This agreement shall apply to any and all injury, disability, death, or loss or damage to person or property occurring at any time after the execution of this agreement.

This release shall be binding to the fullest extent permitted by law. If any provision of this release is found to be unenforceable, the remaining terms shall be enforceable.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, I FULLY UNDERSTAND ITS TERMS, I UNDERSTAND THAT I HAVE GIVEN UP LEGAL RIGHTS BY SIGNING IT, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Signature of Adult Participant Name of Adult Participant (Please Print) Date

FOR PARTICIPANTS OF MINORITY AGE: This is to certify that I, as Parent, Guardian, Temporary Guardian with legal responsibility for this participant, do consent and agree not only to his/her release of all Releasees, but also to release and indemnify the Releasees from any and all liabilities incident to his/her involvement in these programs for myself, my heirs, assigns, and next of kin.

Signature of Parent or adult legal Guardian if Print) Date

Participant is a Minor, and by their signature, they on my behalf release all claims that both they and I have

Name of Minor #1 (Please Print)

Date Minor #1 Signature

they and I have _____

Name of Minor #2 (Please Print) Date

Minor #1 Signature

PLEASE RETURN THIS COMPLETED FORM TO:

Sports Club International Inc. SKI CAMPS 104 MEADOW ROAD

EDWARDS, CO 81632

Name of Parent or Adult Legal Guardian

Signature of Parent or Adult Legal Guardian

2024 Sports Club International Norway Camp Invoice Camp

Dates: July 2-12, 2024

Camper Name: _____ DOB _____

Address: _____

City: _____ State _____ Zip _____

Camper Cell _____

Camper Email: _____

Parent 1 Name _____ Cell _____

Parent 1 Email _____

Parent 2 Name _____ Cell _____

Parent 2 Email _____

INVOICE Amount:

_____ Norway Camp - Child \$7995.00 (includes ski training, lift tickets, coaching, accommodations, breakfast and dinner daily, transportation from Oslo Airport to hotel and ski venues, video, conditioning activities)

_____ Norway Camp- Parent \$7595.00 (includes accommodations, 2 x daily meals, transportation, lift tickets at Juvass)

_____ Total

Deposit \$ 2500 due March 15, 2024

Balance Due April 1, 2024

Please make checks payable to: Sports Club International.

Check Number _____

Credit Card (Circle One) VISA or MASTERCARD

(4% additional will be added to total for credit card payment)

Number: _____

EXP Date: _____ **AVC Code:** _____ (3 digit code)

Card Holder's Name: _____

Billing address-if different than above _____

Card Holder's Signature: _____

Thank you for mailing payment balance by and documents by April 1 to:

Sports Club International 104 Meadow Rd Edwards, CO 81632

Documents to be included are: (all included in this document)

_ Invoice and payment

_ 2024 SCI Medical Release

_ 2024 SCI Hold Harmless and Indemnity Agreement _ Travel Itinerary

_ Color copy of passport

Please note, a minimum of participants must be met. Bring a friend!!!

Looking forward to some fun and productive skiing in Norway with you!!